



STARTERS

Suitable for starting or snacking

Parmesan Bread With a salsa dip, pepper tapenade and pesto.	30 NIS
Eggplant and Labaneh Focaccia (Full/ half serving) Grilled eggplant paste, caramelized onions, garlic confit, labaneh, parmesan, kalamata olives anf pesto paste.	31/61 NIS
Pao De Queijo Small cheese bread buns (8 pieces) (Served with three spicy dips).	39 NIS
Camembert and Brioche Camembert roasted in the oven on toasted brioche, cherry tomato jam, walnuts, and basil.	56 NIS
Beetroot and Herbs Salad 🎉 🥑 Beetroot, parsley, mint, celery leaves, dried cranberries, walnuts, jallah nuts, grated feta cheese and raw tahini.	48 NIS
Polenta and Mushrooms 3 types of mushrooms, onions, asparagus, roasted peanuts and teriyaki sauce on polenta cream.	54 NIS
Stuffed Cauliflower An outer layer of crispy coatings filled with cheddar cheese, cream cheese and parmesan. (Served on top of a cauliflower cream and topped with teriyaki + chilli sauce)	56 NIS
Stuffed mushrooms and what else Mushrooms stuffed with cheeses and truffles, in a sweet wine sauce, chestnuts, and roasted pistachios.	54 NIS



Served on a hot pan, with tahini, pepper tapenade,
seasoned labaneh, chopped salad, with homemade
bread on the side (white / grain / gluten free)

Green Shakshuka Spinach stew, fresh eggs, mushrooms, onions, cherry tomatoes, chickpeas and goat cheese. Additional eggplants > 5 NIS	74 NIS
Itamar's Shakshuka [#] A rich tomato stew with herbs, cumin, onions, roasted peppers and fresh eggs. Additional eggplants / feta cheese > 5 NIS	72 NIS
Vegan Shakshuka 样 🥑	67 NIS

A rich tomato stew with vegan eggs, vegan feta cheese, fresh herbs, onions, roasted peppers and cumin. Served with vegan tapenades. Additional eggplants > 5 NIS



Served with a garden salad | freshly baked in our stone oven | Optional gluten free dough

Margherita Cherry 뵞 🥑 Tomato sauce, grated mozzarella cheese, cherry tomato and oregano.

Vegan Greens ጶ 🥑

Pesto sauce, green vegetables of the season, vegan mozzarella and feta cheese, kalamata olives, red onions, red chili, arugula leaves and fresh spinach leav



Served with a garden salad

Spinach and Cheese Danish **65 NIS** Filo dough filled with spinach, feta cheese and ricotta cheese. Served along a beetroot and herbs salad, labaneh and tomato salsa.

Goat Cheese Sandwich Cream cheese and pesto, roasted peppers, olives, goat cheese and baby leaves. Bread options: (White/ Grains - whole wheat / Gluten free)

Hot Mozerella Sandwich Fresh mozzarella cheese, artichoke tapenade, basil leaves, arugula, roasted pistachios and sundried tomatoes. Bread options: (White/ Grains- Whole wheat/ Gluten free)

Vegan Bagel Toast 🦊 🥑 Vegan feta and mozzarella cheese, roasted peppers, eggplant cream, pesto, sliced tomatoes and kalamata olives.

Israeli Bagel Toast 🤌 🥑 Butter, sliced tomatoes, mozzarella cheese and basil leaves.

Greek Bagel Toast 样 🥑 Feta cheese, pesto, butter, mozzarella cheese, onions, hyssops, sliced tomatoes and kalamata olives.

56 NIS

54 NIS

54 NIS

56 NIS

54 NIS

SALAD





Aviv's Caesar Salad Roman lettuce hearts, diced salmon, brioche croutons, parmesan cheese and Caesar seasonings.

Athlete's salad 🇯 1

Quinoa, green and black lentils, cucumbers, red onion, parsley, mint, dried cranberries, walnuts, cherry tomatoes and jallah nuts on a bed of labaneh and raw tahini drizzled on top. Served with whole grain rustic bread.

FRESH PASTA

Cheese Tortelloni Cream and truffle sauce, seared mushrooms, chestnuts, white wine, basil and parmesan cheese.	77 NIS
Ricotta and Spinach Raviolo butter tomato sauce, roasted cherry tomatoes, garlic, basil and Parmesan cheese.	77 NIS
Polenta Ravioli With a spinach coating in cream and thyme sauce, boiled asparagus, garlic, chestnuts and parmesan cheese	75 NIS
Lemon Linguine with White Fish Lemon butter sauce, roman artichoke, asparagus, shatta pepper, parsley, parmesan, white fish chunks and gremolata.	89 NIS
Sweet Potato Gnoochi Goat cheese cream, roasted mushrooms, caramelized onion, a mix of cherry tomatoes, spinach leaves, parmesan cheese and pecans.	77 NIS
The Black Forest Black radiator pasta with butter, cream and teriyaki sauce, roasted cherry tomatoes, champignon mushrooms, parmesan cheese and red onions.	75 NIS
Lasagna of the day Fresh pasta leaves, Neapolitan sauce, cream cheese and parmesan.	78 NIS
Pasta to choose from > Linguine I / Rigatoni I / Gluten Free # / Whole-Wheat Fettuccine	
Sauces to choose from >	
Tomato Sauce 🔌 🥥 Garlic, olive oil and basil	59 NIS
Sicilian Sauce 🔌 🔎 Tomato sauce, parmesan cheese, cherry tomatoes, sliced eggplants, kalamata olives, oregano, garlic, basil leaves and torn up fresh open burrata cheese.	64 NIS
Red Cream Sauce 🤌 Tomato sauce, cream and basil leaves.	59 NIS
Noam's Sauce Pesto cream, white wine, cherry tomatoes, garlic, onions and fresh mushrooms.	62 NIS
Alfredo Cream Sauce 🦸 Cream and two types of mushrooms.	62 NIS
FRESH FISH	
Salmon Fillet Anti-Pasti 🔌 💌 Served with hot quinoa and lentil salad with dried cranberries, garlic confit, roasted vegetables and herbs.	126 NIS
Salmon Fillet and Gnoochi Served on a bed of sweet potato gnoochi, goat cheese cream, lemon zest, red onions, broccoli, cherry tomatoes, and spinach leaves all stir-fried on a pan.	126 NIS
Sea Bream Fillet and Greens 🎉 Polenta cream, roasted mushrooms, basil leaves and green vegetables of the season.	126 NIS
Sea Bream Fillet Mushroom Risotto 🄌 1 Italian risotto with mushrooms, spinach leaves, truffles, garlic, onion, cream, parmesan and chives.	I26 NIS
*You can order risotto without bream fo	r 69 NIS

69 NIS

Burrata Focaccia 🌾	82 NIS	Green Salad with Go
Tomato sauce, mozzarella cheese, dried tomatoes,	021110	Lettuce, arugula, avocado s
charry temptoon reaket larges tenned with an ener		onion, and goat cheese. Sea

66 NIS

74 NIS

74 NIS

74 NIS

cher burrata and balsamic reduction.

Potato and Truffle Truffle cream, roasted potato slices, mozzarella cheese, with green and purple onion.

Four Cheeses Rose cream, roasted sweet potato, caramelized onion and fine cheeses.

Tartuffo Fungi

74 NIS

Champingnon mushrooms, caramelized red onions, truffle cream, mozzarella, parmesan, rocket leaves and reduced balsamic vinegar.

oat Cheese ጶ 🥑

lices, sesame seeds, cucumber, Smith apple, basil, mint, hot red chili, roasted almonds, red asoned with Japanese citrus vinaigrette and silan. Served with grain rustico bread.

Our Caprese Salad 🎙

A mix of cherry tomatoes, kalamata olives, red onions, alla romana artichokes, diced garlic focaccia, mozzarella cheese, pesto, reduced balsamic vinegar and basil.

Nehama Salad 🗏

Lettuce and arugula in vinaigrette sauce, halloumi cheese, and champignon mushrooms sautéed in teriyaki sauce, cucumber, cherry tomatoes, carrot, micro leaves, and toasted sesame seeds. (Option for vegan halloumi cubes). Served on a bed of warm focaccia.

Betzalel's Market Salad 🏄 🥑

Everything is thinly diced! - Cucumbers, tomatoes, bell peppers, red onions, carrot, radish, parsley, mint, hardboiled egg, chickpeas, grated feta cheese and roasted eggplants. Seasoned with olive oils, lemon juice and a touch of pesto with tahini on the side. Served on a bed of fresh lettuce and warm focaccia. Additional tuna > 8 NIS [Without the feta cheese and egg the dish is vegan].

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Gluten free option ••••••• 🖲 No added sugar •••••••• 🖉 Vegan/Vegan option ••••••••• Your health is important to us. please let us know about any food sensitivity.

72 NIS

72 NIS

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72 NIS





 STARTERS Suitable for starting or starting	snacking	
 Camembert and Brioche Camembert roasted in the oven on toasted brioche, cherry tomato jam, walnuts, and basil.	56 NIS	Ē
 Parmesan Bread With a salsa dip, pepper tapenad and pesto.	29 NIS	
 Eggplant and Labaneh Focaccia 🎉 (Full/ half serving) Grilled eggplant paste, caramelized onions, garlic confit, labaneh, parmesan, kalamata olives anf pesto paste.	30/59 NIS	
 Pao De Queijo 🤌 Small cheese bread buns (8 pieces) (Served with three spicy dips)	39 NIS	X
 Beetroot and Herbs Salad 🤌 🥑 Beetroot, parsley, mint, celery leaves, dried cranberries, walnuts, jallah nuts, grated feta cheese and raw tahini.	47 NIS	
 Stuffed Cauliflower An outer layer of crispy coatings filled with cheddar cheese, cream cheese and parmesan. (Served on top of a cauliflower cream and topped with teriyaki + chilli sauce)	54 NIS	<u> </u>

MORNING SANDWICHES

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All served with a side of garden salad

	Halloumi Croissant and Parmesan Crispy halloumi with a dash of honey, soft sunny side up fried eggs and arugula leaves.	52 NIS
	Goat Cheese Sandwich Cream cheese and pesto, roasted peppers, olives, goat cheese and baby leaves. Bread options: (White / Grains – whole wheat / Gluten free)	52 NIS
	Tuna Sandwich Lettuce, sliced tomatoes, pickles, hard-boiled eggs, pickled/preserved lemon and tuna salad. Bread options: (White / Grains-whole wheat / Gluten - Free)	52 NIS
	Health Sandwich 🔅 🕑 Served with whole bread. Vegetable omelet, tahini, tomato, and arugula.	52 NIS
	Vegan Anti-Pasti Sandwich 🖗 🥑 Tapenade peppers, baked eggplants, fried zucchini and cauliflower, green tahini, fresh spinach leaves, rocket leaves and chilli peppers. (Bread options: White / Grains - Whole wheat / Gluten free)	52 NIS
	Vegan Bagel Toast 🚿 💿 Vegan feta and mozzarella cheese, roasted peppers, eggplant cream, pesto, sliced tomatoes and kalamata olives.	52 NIS
	Israeli Bagel Toast 🔅 🥥 Butter, sliced tomatoes, mozzarella cheese and basil leaves.	52 NIS
	Greek Bagel Toast 🌾 🥑 Feta cheese, pesto, butter, mozzarella cheese, onions, hyssops, sliced tomatoes and kalamata olives.	55 NIS
	Hot Mozerella Sandwich Fresh mozzarella cheese, artichoke tapenade, basil leaves, arugula, roasted pistachios and sundried tomatoes.	56 NIS
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Served with a garden salad | freshly baked in our stone oven | Optional gluten free dough

Margherite	a Cherry 🌾 🥑
Tomato sauce,	grated mozzarella cheese,
cherry tomato	and oregano.

Vegan Greens 🦊

Pesto sauce, green vegetables of the season, vegan mozzarella and feta cheese, kalamata olives, red phions, red chili, aruqula leaves and

RAINBOW COLORS MUESLI

Vegan muesli is made of coconut milk, can be substituted with dairy yoghurt 4.5% fat. On Top: Granola, chia seeds and roasted coconut flakes

Classic muesli Dairy yoghurt 4.5% fat.Seasonal fruit and granola.

Purple Muesli 🥑 Acai sorbet, blueberries, banana, Decorated with blueberries.

Yellow Muesli 🥑 Banana, mango and pineapple, Decorated with fresh banana.

cucumber, Smith apple, basil, mint, hot red chili, roasted almonds, red onion, and goat cheese. Seasoned with Japanese citrus vinaigrette and silan. Served with grain rustico bread. Our Caprese Salad 🕴 🥑 A mix of cherry tomatoes, kalamata olives, red onions, alla romana artichokes, diced garlic focaccia, mozzarella cheese, pesto, reduced balsamic vinegar and basil.

39 NIS

39 NIS

Nehama's Salad Lettuce and arugula in vinaigrette sauce, halloumi cheese, and champignon mushrooms sautéed in teriyaki sauce, cucumber, cherry tomatoes, carrot, micro leaves, and toasted sesame seeds. (Option **35 NIS** for vegan halloumi cubes). Served on a bed of warm focaccia.

Betzalel's Market Salad

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SALADS

74 NIS

69 NIS

72 NIS

72 NIS

72 NIS

72 NIS

Aviv's Caesar Salad

with whole grain rustic bread.

Athlete's Salad

Roman lettuce hearts, diced salmon, brioche croutons, parmesan cheese and Caesar seasonings.

Quinoa, green and black lentils, cucumbers, red onion, parsley, mint, dried cranberries, walnuts, cherry tomatoes and jallah nuts on a bed of labaneh and raw tahini drizzled on top. Served

Green salad with goat cheese 🦊 🥑 Lettuce, arugula, avocado slices, sesame seeds,

Everything is thinly diced! - Cucumbers, tomatoes, bell peppers, red onions, carrot, radish, parsley, mint, hardboiled egg, chickpeas, grated feta cheese and roasted eggplants. Seasoned with olive oils, lemon juice and a touch of pesto with tahini on the side. Served on a bed of fresh lettuce and warm focaccia. Additional tuna > 8 NIS [Without the feta cheese and egg the dish is vegan].

MORNING SPECIALS

Croque Madame Brioche toast filled with four cheeses and cauliflower florets. Truffle bechamel sauce, green onion and a sunny side up egg. Served with a garden salad.	69 NIS
Scrambled Truffle Eggs Open croissant, soft scrambled eggs with butter and truffles, spinach, green onion, and parmesan. Served with a garden saladd.	65 NIS
Florentine Frittata 🧍 (straight from the stone oven) A rich baked omelet with spinach, cheddar cheese, mozzarella cheese, and spinach cream sauce. Served with a variety of bread: (white/ grain/ gluten free), our garden salad, pepper tapenade, tomato salsa and cream cheese.	69 NIS
Spinach and Cheese Danish Filo dough filled with spinach, feta cheese and ricotta cheese. Served along a beetroot and herbs salad, labaneh and tomato salsa.	62 NIS
Egg Salad on a Roasted Brioche * Roasted brioche, avocado (if in season), a rich egg salad with mayonnaise, mustard grains and caramelized onion. Yellow cherry tomato salsa, mint, coriander, celery, and green onions. Served with a side garden salad.	62 NIS
Avocado Brioche Labaneh, fresh avocado, sesame seeds, poached eggs, shata peppers and chives. Served with a garden salad.	65 NIS
Poached Eggs Bruschetta On a bed of toasted brioche; roasted mushrooms and peppers with "schnitzel" of Tfatit cheese and hollandaise sauce. Served with a garden salad.	65 NIS
Artichoke and Spinach Bruschetta 🔌 🥌 Bruschetta with artichoke tapenade, potato slices, mangold and spinach leaves sautéed with garlic, roman artichokes, chickpeas, lemon juice, and almond mozzarella cheese. Served with a garden salads.	62 NIS
Smoked Salmon Brioche French toast, cream cheese, asparagus, smoked salmon, poached eggs and chives. Served with a garden salad.	67 NIS

SHAKSHUKAS

d on a hot pan, with bread on the side (white / grain / gluten free)

fresh spinach leaves.

Burrata Focaccia 82 NIS Tomato sauce, mozzarella cheese, dried tomatoes, cherry tomatoes, arugula, topped with an open burrata and balsamic reduction. 74 NIS

Potato and Truffle Truffle cream, roasted potato slices, mozzarella cheese, with green and purple onion.

Four Cheeses Rose cream, roasted sweet potato, caramelized onion and fine cheeses.

Tartuffo Fungi 🤌 74 NIS Champingnon mushrooms, caramelized red onions, truffle cream, mozzarella, parmesan, rocket leaves and reduced balsamic vinegar.

Green Shakshuka 🌾 💌 Spinach stew, fresh eggs, mushrooms, onions, cherry tomatoes, chickpeas and goat cheese.	74 NIS	A slice of chocolate crunch cake	26 NIS
Additional eggplants > 5 NIS		Butter Croissant	21 NIS
Itamar's Shakshuka 🎉	69 NIS	Served with strawberry jam, better and honey.	
A rich tomato stew with herbs, cumin, onions.	021413		
roasted peppers and fresh eggs.		Chocolate Chip Brownies 🕴	18 NIS
Additional eggplants / feta cheese > 5 NIS			
Vegan Shakshuka 🕴 🥑	67 NIS	Dulce De Leche Alfajores	15 NIS
A rich tomato stew with vegan eggs, vegan	67 1015		
feta cheese, fresh herbs, onions, roasted peppers		Carrot Muffin	12 NIS
and cumin. Served with vegan tapenades.			
Additional eggplants > 5 NIS			

64 NIS

74 NIS

74 NIS

Gluten free option ••••••• 🔍 No added sugar ••••••••• 🖉 Vegan/Vegan option •••••••• Your health is important to us. please let us know about any food sensitivity.

SWEET MORNING