





STARTERS

Parmesan Bread

Suitable for starting or snacking

29 NIS

Facel and Labanch Forescia	With a salsa dip, tahini and pesto.	
Eggptart and Edbarier Focaccia 6	Eggplant and Labaneh Focaccia 🖇	30/59 NIS
(Full/ half serving) Grilled eggplant paste, caramelized onions, garlic confit,	37 331 1	

parmesan, kalamata olives anf pesto paste.

39 NIS Pao De Queijo Small cheese bread buns (8 pieces) (Served with three spicy dips)

Our Aija **42 NIS** Vegan Aija fritters [potatoes, zucchini, herbs and shredded carrots] Served on a bed of chili and herbs with walnut salad and green tahini.

Beetroot and Herbs Salad **45 NIS** Beetroot, parsley, mint, celery leaves, dried cranberries, walnuts, jallah nuts, grated feta cheese and raw tahini

Polenta and Mushrooms 3 types of mushrooms, onions, asparagus, roasted peanuts and teriyaki sauce on polenta cream.

56 NIS Salmon Ceviche

Diced fresh salmon, diced cucumbers, asparagus, red onion, green onion, diced avocado, chopped coriander, sliced hot peppers. Yuzu vinaigrette, lemon juice and honey dressing. Served with whole grain rustic bread.

Orange Risotto **56 NIS** Risotto bedded on a squash cream, roasted chestnuts, sage, garlic, butter and parmesan cheese.

Stuffed Cauliflower

An outer layer of crispy coatings filled with cheddar cheese, cream cheese and parmesan. (Served on top of a cauliflower cream and topped with teriyaki + chilli sauce)



Served on a hot pan, with tahini, pepper tapenade, seasoned labaneh, chopped salad, with homemade bread on the side (white / grain / gluten free)

74 NIS Green Shakshuka Spinach stew, fresh eggs, mushrooms, onions, cherry tomatoes, chickpeas and goat cheese.

Itamar's Shakshuka **69 NIS** A rich tomato stew with herbs, onions, roasted

peppers and fresh eggs. Additional eggplants / feta cheese > 5 NIS

Additional eggplants > 5 NIS

Vegan Shakshuka 🧗 🏓 **65 NIS** A rich tomato stew with vegan eggs, vegan feta cheese, fresh herbs, onions, roasted peppers and cumin. Served with vegan tapenades. Additional eggplants > 5 NIS



Served with a garden salad | freshly baked in our stone oven | Optional gluten free dough

Margherita Cherry 🧗 🥑 64 NIS Tomato sauce, grated mozzarella cheese, cherry tomato and oregano.

Vegan Greens 🥬 🥑 **74 NIS** Pesto sauce, green vegetables of the season,

vegan mozzarella and feta cheese, arugula leaves and fresh spinach leaves) Goat Cheese and

Antipasti Vegetables Tomato sauce, mozzarella, a variety of roasted vegetables, goat cheese and basil, drizzled with sweet balsamic vinegar.

Corn cream (polenta), roasted portobello mushrooms,

spinach leaves, asparagus, zucchini rings, mozzarella and parmesan cheese. **74 NIS**

Four Cheeses Rose cream, roasted sweet potato, caramelized onion and fine cheeses.

Tartuffo Fungi **74 NIS** Champingnon mushrooms, caramelized red onions, truffle cream, mozzarella, parmesan, rocket leaves and reduced balsamic vinegar.

Ben Gurion Napolitana sauce, tomato slices, garlic confit, herbs (parsley and chives) and Israeli cheeses



Served with a garden salad

salad, labaneh and tomato salsa.

Spinach and Cheese Danish **62 NIS** Filo dough filled with spinach, feta cheese and ricotta cheese. Served along a beetroot and herbs

Goat Cheese Sandwich **52 NIS** Cream cheese and pesto, roasted peppers, olives, goat cheese and baby leaves. Bread options:

Vegan Anti-Pasti Sandwich 🤻 🏓 **52 NIS** Tapenade peppers, baked eggplants, fried zucchini and cauliflower, green tahini, fresh spinach leaves, arugula leaves and chilli peppers. Bread options:

(White/ Grains - whole wheat / Gluten free)

(White/ Grains- Whole wheat/ Gluten free) Vegan Bagel Toast 🎉 **52 NIS**

Vegan feta and mozzarella cheese, roasted peppers, eggplant cream, pesto, sliced tomatoes and kalamata olives.

Israeli Bagel Toast 🧗 🥑 Butter, sliced tomatoes, mozzarella cheese and basil leaves

Greek Bagel Toast 🦊 🅑 Feta cheese, pesto, butter, mozzarella cheese, onions, hyssops, sliced tomatoes and kalamata olives.

FRESH PASTA

Cheese Tortelloni

74 NIS Cream and truffle sauce, seared mushrooms, chestnuts, white wine, basil and parmesan cheese.

Jerusalem Artichoke Ravioli **74 NIS** Filled with Jerusalem artichokes and ricotta cheese. sage butter sauce, garlic, Alla Romana artichokes,

crisped sage, parmesan cheese and gremolata crumbs.

Polenta Ravioli **74 NIS** With a spinach coating in cream and thyme sauce, boiled

asparagus, garlic, chestnuts and parmesan cheese Sweet Potato Gnoochi **74 NIS**

Goat cheese cream, roasted mushrooms, caramelized onion, a mix of cherry tomatoes, spinach leaves and pecans.

The Black Forest **74 NIS** Black radiator pasta with butter, cream and teriyaki sauce, roasted cherry tomatoes, champignon mushrooms and red onions.

Lasagna of the day **76 NIS** Fresh pasta leaves, Neapolitan sauce, cream cheese and parmesan.

Pasta to choose from >

Linguine / Rigatoni / Gluten Free Whole-Wheat Fettuccine

Sauces to choose from >

Tomato Sauce 55 NIS Garlic, olive oil and basil

Sicilian Sauce 🧗 🏓 **64 NIS** Tomato sauce, parmesan cheese, cherry tomatoes, sliced egaplants, kalamata olives, oregano, garlic,

basil leaves and torn up fresh mozzarella cheese.

59 NIS Red Cream Sauce Tomato sauce, cream and basil leaves.

Noam's Sauce **62 NIS** Pesto cream, white wine, cherry tomatoes, garlic, onions and fresh mushrooms.

Alfredo Cream Sauce **59 NIS** Cream and two types of mushrooms.

FRESH FISH

115 NIS

115 NIS

119 NIS

74 NIS

69 NIS

72 NIS

72 NIS

72 NIS

Salmon Fillet Anti-Pasti

Served with hot quinoa and lentil salad with dried cranberries, garlic confit, roasted vegetables and

Salmon Fillet and Gnoochi Served on a bed of sweet potato gnoochi, goat

cheese cream, lemon zest, red onions, broccoli, cherry tomatoes, and spinach leaves all stir-fried on a pan.

Bream Fillet and Risotto Cauliflower risotto, roasted cauliflower, garlic, cream, parmesan cheese, parsley and gremolata crumbs.

Bream Fillet and Greens 119 NIS Squash cream, diced roasted squash, roasted mushrooms, basil leaves and green vegetables of



52 NIS

55 NIS



Aviv's Caesar Salad

Roman lettuce hearts, diced salmon, brioche croutons, parmesan cheese and Caesar seasonings.

Athlete's salad 🖇 🌒 💗 Quinoa, green and black lentils, cucumbers, red onion, parsley, mint, dried cranberries, walnuts, cherry tomatoes and jallah

nuts on a bed of labaneh and raw tahini drizzled on top. Served with whole grain rustic bread. Our Caprese Salad 🧗 🏓

A mix of cherry tomatoes, kalamata olives, red onions, alla romana artichokes, diced garlic focaccia, mozzarella cheese, pesto, reduced balsamic vinegar and basil.

Nehama's Salad 👂 Lettuce, rocket and baby leaves, halloumi cheese and champignon mushrooms in teriyaki sauce, cucumbers, cherry tomatoes,

carrot, sprouts, micro leaves and roasted sesame seeds. Served with a warm focaccia bread. (Optional with vegan halloumi) Betzalel's Market Salad 🧗 🏓

Everything is thinly diced! – Cucumbers, tomatoes, bell peppers, red onions, carrot, radish, parsley, mint, hardboiled egg, chickpeas, grated feta cheese and roasted eggplants. Seasoned with olive oils, lemon juice and a touch of pesto with tahini on the side. Served on a bed of fresh lettuce and warm focaccia. Additional tuna > 6 NIS [Without the feta cheese and egg the dish is vegan].

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74 NIS

Gluten free option ••••••• • No added sugar •••••• Vegan/Vegan option ••••• Your health is important to us. please let us know about any food sensitivity.