

MORING MENU

Served all 7 days of the week 08:00 - 12:00



קַח אֶת הַנְּשִּׁיקָה שְׁמֹר אוֹתָהּ בַּכִּיס.

אָם תֵּלֵךְ לְאָבּוּד אָם סִישָׁהוּ יַרְבִּיץ אָם סַשָּׁהוּ יַכְּעִיס יֵשׁ לְךָּ וְשִׁיקָה בַּכִּיס.

אָם תִּהְיֶה עָצוּב אָם דִּסְעָה שֶׁל נֶּשֶׁם תִּרְקֹד לְךָ עַל רִיס יֵשׁ לְךָ נְשִׁיקָה בַּכִּיס.

שלומית כהן-אסיף סתוך הספר: "נשיקה בכיס"

STARTERS

Suitable for starting or snacking

Parmesan Bread

With a salsa dip, tahini and pesto.

Eggplant and Labaneh Focaccia

(Full/ half serving) Grilled eggplant paste, caramelized onions, garlic confit, parmesan, kalamata olives anf pesto paste.

Pao De Queijo

Small cheese bread buns (8 pieces) (Served with three spicy dips)

Beetroot and Herbs Salad 🧗 🏓

Beetroot, parsley, mint, celery leaves, dried cranberries, walnuts, jallah nuts, grated feta cheese and raw tahini.

Stuffed Cauliflower

An outer layer of crispy coatings filled with cheddar cheese, cream cheese and parmesan.

52 NIS

52 NIS

52 NIS

52 NIS

52 NIS

(Served on top of a cauliflower cream and topped with teriyaki + chilli sauce)





RNING SANW

All served with a side of garden salad

Halloumi Croissant and Parmesan

Crispy halloumi with a dash of honey, soft sunny side up fried eggs and arugula leaves.

Goat Cheese Sandwich

Cream cheese and pesto, roasted peppers, olives, goat cheese and baby leaves. Bread options: (White/ Grains – whole wheat / Gluten free)

Tuna Sandwich

Lettuce, sliced tomatoes, pickles, hard-boiled eggs, pickled/preserved lemon and tuna salad. Bread options: (White/ Grains - whole wheat/ Gluten- Free)

Health Sandwich

52 NIS Served with whole wheat, tahini, herbs omelet, tomato, and baby leaves. Served with a garden salad dressed with olive oils and lemon juice. Options: Vegan friendly.

Vegan Anti-Pasti Sandwich 🎉

Tapenade peppers, baked eggplants, fried zucchini and cauliflower, green tahini, fresh spinach leaves, arugula leaves and chilli peppers. (Bread options: White/ Grains- Whole wheat/ Gluten free)

Vegan Bagel Toast 🎉

Vegan feta and mozzarella cheese, roasted peppers, eggplant cream, pesto, sliced tomatoes and kalamata olives.

Israeli Bagel Toast 🧗 🅑

Butter, sliced tomatoes, mozzarella cheese and basil leaves

Greek Bagel Toast 🦑 🥑 **55 NIS** Feta cheese, pesto, butter, mozzarella cheese, onions,

hyssops, sliced tomatoes and kalamata olives.



rved with a garden salad | freshly baked in our stone oven | Optional gluten free dough

Margherita Cherry 🧗 🅑

Tomato sauce, grated mozzarella cheese, cherry tomato and oregano.

Vegan Greens 🎉

74 NIS

74 NIS

74 NIS

74 NIS

74 NIS

74 NIS

64 NIS

Pesto sauce, green vegetables of the season, vegan mozzarella and feta cheese, arugula leaves and fresh spinach leaves)

Goat Cheese and

Antipasti Vegetables

Tomato sauce, mozzarella, a variety of roasted vegetables, goat cheese and basil, drizzled with sweet balsamic vinegar.

Polenta

Corn cream (polenta), roasted portobello mushrooms, spinach leaves, asparagus, zucchini

rings, mozzarella and parmesan cheese. Four Cheeses

Rose cream, roasted sweet potato, caramelized

onion and fine cheeses.

Tartuffo Fungi

Champingnon mushrooms, caramelized red onions, truffle cream, mozzarella, parmesan, rocket leaves and reduced balsamic vinegar.

Ben Gurion

Napolitana sauce, tomato slices, garlic confit, herbs (parsley and chives) and Israeli cheeses

RAINBOW COLORS MUESLI

29 NIS

30/59 NIS

39 NIS

45 NIS

54 NIS

Classic muesli

Dairy yoghurt 4.5% fat. Seasonal fruit and granola.

Purple Muesli 🏓

Acai sorbet, blueberries, banana, Decorated with blueberries.

Red Muesli

Strawberry sorbet, maple, strawberries, forest berries Decorated with fresh strawberries (if in season).

Yellow Muesli Banana, mango and pineapple, Decorated with fresh banana.

SALADS

Aviv's Caesar Salad

Roman lettuce hearts, diced salmon, brioche croutons, parmesan cheese and Caesar seasonings.

Athlete's salad 🎉

69 NIS Quinoa, green and black lentils, cucumbers, red

onion, parsley, mint, dried cranberries, walnuts, cherry tomatoes and jallah nuts on a bed of labaneh and raw tahini drizzled on top. Served with whole grain rustic bread.

Our Caprese Salad

A mix of cherry tomatoes, kalamata olives, red onions, alla romana artichokes, diced garlic focaccia, mozzarella cheese, pesto, reduced balsamic vinegar and basil.

Nehama's Salad

72 NIS

65 NIS

59 NIS

69 NIS

62 NIS

62 NIS

65 NIS

65 NIS

21 NIS

7 NIS

72 NIS

Lettuce, rocket and baby leaves, halloumi cheese and champignon mushrooms in teriyaki sauce, cucumbers, cherry tomatoes, carrot, sprouts, micro leaves and roasted sesame seeds. Served with a warm focaccia bread. (Optional with vegan halloumi)

Betzalel's Market Salad 🦂

Everything is thinly diced! - Cucumbers, tomatoes, bell peppers, red onions, carrot, radish, parsley, mint, hardboiled egg, chickpeas, grated feta cheese and roasted eggplants. Seasoned with olive oils, lemon juice and a touch of pesto with tahini on the side. Served on a bed of fresh lettuce and warm focaccia. Additional tuna > 6 NIS

[Without the feta cheese and egg the dish is vegan].





MORNING SPECIALS

Croque Monsieur

39 NIS

Toast from Castan brioche bread filled with four different cheeses (feta cheese, parmesan cheese, mozzarella cheese and cheddar cheese), sliced cauliflower, truffle bechamel sauce, chopped chives, sunny side- up eggs. Served with a garden salad.

Grandma Dina made us Aija 🏓

Vegan Aija fritters, potatoes, zucchini, herbs, and shredded carrots. Served on a crisped tortilla with green tahini, chili, and herbs salad with walnuts.

Florentine Frittata 🧗 (straight from the stone oven) A rich baked omelet with spinach, cheddar cheese, mozzarella cheese, and spinach cream sauce. Served with a variety of

bread: (white/ grain/ gluten free), our garden salad, pepper tapenade, tomato salsa and cream cheese.

Spinach and Cheese Danish

Filo dough filled with spinach, feta cheese and ricotta cheese. Served along a beetroot and herbs salad, labaneh and tomato salsa.

Egg Salad on a Roasted Brioche Roasted brioche, avocado (if in season), a rich egg salad with mayonnaise, mustard grains and caramelized onion. Yellow

cherry tomato salsa, mint, coriander, celery, and green onions. Served with a side garden salad.

Avocado Bruschetta 65 NIS Castan brioche bruschetta, labaneh, hyssops zaatar, tomato salsa, sliced avocado, poached eggs and hot peppers. Served with

a aarden salad. Poached Eggs Bruschetta

On a bed of toasted brioche; roasted mushrooms and peppers with "schnitzel" of Tfatit cheese and hollandaise sauce. Served

Sandwich from Kfar Azar 🥀

with a garden salad. Slice open Farina bread, cream cheese, smoked salmon, sunny side up eggs, asparagus and chives. (Served with arugula salad,

65 NIS



cherry tomatoes, red onions, olive oil and reduced balsamic vinegar sauce.)

Served on a hot pan, with tahini, pepper tapenade bread on the side (white / grain / gluten free)

Green Shakshuka **74 NIS**

Spinach stew, fresh eggs, mushrooms, onions, cherry tomatoes, chickpeas and goat cheese. Additional eggplants > 5 NIS

Itamar's Shakshuka **69 NIS** A rich tomato stew with herbs, onions, roasted

peppers and fresh eggs. Additional eggplants / feta cheese > 5 NIS

Vegan Shakshuka 🤻 🏓

A rich tomato stew with vegan eggs, vegan feta cheese, fresh herbs, onions, roasted peppers and cumin. Served with vegan tapenades.

Additional eggplants > 5 NIS

EET MORNING

Butter Croissant Served with strawberry jam, better and honey

18 NIS

Chocolate Chip Brownies Dulce De Leche Alfajores **12 NIS**

Carrot Muffin 15 NIS

Date Balls 🧗 🌒 💌 /

Peanut Butter Balls 🧳 🕡 💌 / White Chocolate Balls

Gluten free option •••••• • No added sugar ••••• • Vegan/Vegan option ••••• Your health is important to us. please let us know about any food sensitivity.